



YOGA GUIDE

Yoga Guide is a thoughtfully designed mobile app template focused on delivering a structured and accessible yoga learning experience. It caters to users of all levels by offering a curated library of yoga poses with detailed descriptions, step-by-step instructions, and associated health benefits. The template includes practical features such as personalized reminders, favorites management for saving preferred asanas, and guided routines to support consistent practice. Built with a clean, modular, and scalable architecture, Yoga Guide ensures smooth performance, easy customization, and seamless integration into broader wellness ecosystems. It serves as a strong foundation for developing dedicated yoga applications or enhancing fitness platforms with mindfulness and wellness features.

List of Screens

1. Splash Screen
2. Sign in Screen
3. Forgot Password Screen
4. Sign up Screen
5. Verification Screen
6. Social Login Screen
7. Home Screen
8. Yogasanas Screen
9. Yoga Steps Screen
10. Yoga Benefits Screen
11. Menu Screen
12. My Profile Screen
13. Alarm Screen
14. Set Alarm Screen
15. Guideline Screen
16. Yoga for Life Screen
17. Favorites Screen