



FITWORLD

FitWorld is a comprehensive fitness app template designed for building workout, personal training, and health-focused mobile applications. The template provides users with access to structured workout programs, including standard fitness routines, weight training sessions, and stretching exercises, supported by detailed exercise information and guided video content. It features workout and rest timers, activity tracking tools, trainer profiles, in-app messaging with trainers, and user account management to create an engaging fitness experience. The template also includes support for premium membership upgrades, enabling subscription-based fitness services. Built with a modern user interface, scalable architecture, and optimized codebase, FitWorld offers smooth performance, easy customization, and seamless integration, making it an ideal foundation for developing fitness coaching, workout tracking, and digital wellness applications.

List of Screens

1. Splash Screen
2. Sign in Screen
3. Register Screen
4. OTP verification Screen
5. Forgot Password Screen
6. Home Screen
7. Standards Screen
8. Standard workouts Screen
9. Weight Programs Screen
10. Stretch workouts Screen
11. Workout Screen
12. Workout timer Screen
13. Rest timer Screen
14. My activity Screen
15. Chats Screen
16. Conversation Screen
17. Trainer profile Screen
18. Account Screen
19. My profile Screen
20. Pro Screen
21. My trainers Screen





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22. Help Screen

23. Terms & Condition Screen